Measles in the United States



Measles Scenario-Based Human Health Risk Assessment for the United States

Updated as of November 22, 2024

Currently, the Center for Outbreak Response Innovation (CORI) judges the measles outbreak in the United States to be in Scenario 2:

| | Risk to unvaccinated people | Risk to children | Risk to healthcare workers | Risk to the US general public |
|--------------------------|-----------------------------------|---------------------|----------------------------------|-------------------------------------|
| Scenario 2 - Development | | | | |
| of small to medium-sized | Moderate | Moderate | Low | Low |
| outbreaks | | | | |

Our confidence in these risk scores is <u>high</u> given the amount of information available locally, nationally, and globally.

Epidemiological updates of note since the last report on October 24, 2024:

- In 2024, a total of 280 measles cases have been reported to the Centers for Disease Control and Prevention (CDC). The majority of cases (71%) have been outbreak-associated, occurred in children under 5 years (41%), and involved individuals who were either unvaccinated or had an unknown vaccination status (89%). The total also includes numerous sporadic cases, such as internationally imported, US-acquired, or unknown source cases. Out of all cases, 40% of U.S. measles cases required hospitalization, with the highest rate (52%) among children under 5 years old.
- Measles cases have been reported across 32 jurisdictions in the US.* The East North Central region of the US has reported the highest number of measles cases in 2024, with 83 cases, largely due to a now-complete outbreak in Illinois (67 cases). The West North Central Region follows with 66 cases, most of which occurred in Minnesota (66 cases).
- This year, there have been 16 outbreaks (defined as 3 or more related cases) reported in the US. Currently, there are only reports of sporadic cases and small-to-medium outbreaks occurring across the country. In the last 30 days, 9 cases have been reported, with the majority coming from Minnesota (78%).

Minnesota Outbreak Update:

• In Minnesota, the large outbreak (52 cases) was declared closed as of November 13, 2024, by the Minnesota Department of Health (MDH). The large outbreak primarily affected unvaccinated children in the Twin Cities metro area, with a disproportionate impact on the

*AZ, CA, DC, FL, GA, ID, IL, IN, LA, MD, MA, MI, MN, MO, NC, NH, NJ, NM, NYC, NY, OH, OK, OR, PA, SC, SD, TN, VT, VA, WA, WI, WV





- Somali community. Most cases occurred in children aged 1–5 years (46.2%) and 5–19 years (42.3%) and resulted in 12 hospitalizations among children. The outbreak was officially deemed over after two incubation periods (42 days) without any new cases.
- Public health officials credit this recent slowdown to <u>collaborative efforts with the</u>
 community, including partnerships with Somali community leaders such as Imams, as well
 as culturally tailored materials like <u>videos and flyers</u>, to address vaccine hesitancy. Health
 officials emphasize the need to sustain these community partnerships to maintain
 vaccination rates to prevent against future outbreaks.
- Additionally, MDH promoted an <u>accelerated vaccination schedule</u>, allowing the second MMR dose to be given 28 days after the first instead of waiting until age 4. This approach provided earlier protection to at-risk populations, reduced transmission, and aligned with <u>CDC</u> and CORI recommendations for adapting vaccination strategies during outbreaks. The emphasis on partnerships and tailored messaging further mirrored CORI's guidance on targeted vaccine messaging and strong partnerships to improve public health outcomes.
- Despite these efforts, <u>recent cases</u> in Minnesota suggests the emergence of a <u>new small-to-medium-sized outbreak</u>, likely linked to import-related transmission. CORI continues to monitor these developments closely.

Scenarios

CORI identified 5 key scenarios that may shape the risk of measles in the US for the upcoming year. These scenarios consider the health risks of measles, taking into account the differing impacts to various population groups within the US.

Features that would characterize each scenario include:

- Scenario 1 Sporadic cases of measles, no outbreaks (baseline): In this scenario, the measles virus is occasionally introduced, usually by international travelers, into a community, but transmission lasts for less than 12 months. While sporadic cases can occur in any community with varying vaccination coverage, they often occur in well-vaccinated communities (over 90% coverage). There is no or limited transmission from these cases, with a total of 1–2 related cases, and they do not lead to an outbreak.
- Scenario 2 Development of small-to-medium outbreaks: In this scenario, small-to-medium outbreaks occur, with or without reports of sporadic cases, and do not result in sustained transmission beyond 12 months. These outbreaks usually occur when measles virus is introduced to an undervaccinated community (90% coverage or less), which leads to a small-to-medium outbreak, ranging from 3–49 related cases.
- Scenario 3 Development of 1–2 large outbreaks: In this scenario, large outbreaks occur, with or without reports of small-to-medium outbreaks and/or sporadic cases, and do not result in sustained transmission beyond 12 months. Large outbreaks typically occur in close-knit, undervaccinated settings with high population density, especially when there are pockets of unvaccinated individuals, such as migrant shelters or mass gatherings. This results in a large outbreak, ranging from 50 or more cases.



- Scenario 4 Development of 3+ large outbreaks: In this situation, 3 or more large outbreaks (50+ cases) occur across different communities, with or without reports of small-to-medium outbreaks and/or sporadic cases, and does not result in sustained transmission beyond 12 months. These outbreaks are not connected by a shared chain of transmission but emerge independently due to various factors such as localized drops in vaccination coverage, mass gatherings, or travel-related introductions. Additionally, there may be an increase of sporadic cases in highly vaccinated communities due to widespread prevalence of the virus.
- Scenario 5 Sustained transmission beyond 12 months leading to loss of measles
 elimination status: In the fifth scenario, the virus maintains sustained transmission,
 regardless of vaccination coverage levels, for at least one year. The sustained transmission
 of the virus results in measles once again becoming endemic in the US. CDC defines
 endemic transmission as a chain of measles virus transmission that is continuous for 12
 months or more within the US. Under this scenario, the US would lose its measles
 elimination status, which was achieved in 2000.

Scenario-Based Human Health Risk Assessment for the US

Please note: We are evaluating the risks to human health should each scenario occur, **not** the relative risk of any one scenario occurring. This risk assessment will be updated regularly.

| | Risk to unvaccinated people | Risk to children | Risk to healthcare workers | Risk to the US general public |
|---|-----------------------------------|---------------------|----------------------------------|----------------------------------|
| Scenario 1 – Sporadic cases of measles, no outbreaks (baseline) | Low-Moderate | Low- Moderate | Low | Low |
| Scenario 2 – Development of small- to-medium outbreaks | Moderate | Moderate | Low | Low |
| Scenario 3 – Development of 1-2 large outbreaks | Moderate- High | Moderate- High | Low | Low |
| Scenario 4 – Development of 3+ large outbreaks | High | High | Low-Moderate | Moderate |



| Scenario 5 – Sustained | | | | |
|---------------------------|------|------|--------------|----------|
| transmission beyond 12 | | | | |
| months leading to loss of | High | High | Low-Moderate | Moderate |
| measles elimination | | | | |
| status: | | | | |
| | | | | |

Our overall **confidence** in these risk scores is <u>high</u> given the current level and availability of information for each of these factors, historical knowledge from past outbreaks on transmission dynamics, and the availability of vaccination and treatment resources.

Recommendations

To minimize the spread of measles in general, CDC recommends:

- All children receive a routine 2-dose measles, mumps, and rubella (MMR) vaccine: the first
 dose at age 12 through 15 months and the second dose at age 4 through 6 years (before
 school entry).
- Adults and teens should also be up to date on MMR vaccinations, with either 1 or 2 doses (depending on risk factors), unless they have other presumptive evidence of immunity to measles, mumps, and rubella.
- Healthcare personnel without presumptive evidence of immunity should get 2 doses of MMR vaccine, separated by at least 28 days.

To minimize the risk of measles transmission due to international travel, CDC recommends:

- Individuals DO NOT travel while sick, especially with a fever and rash.
- Individuals planning to travel outside of the US are fully vaccinated against measles at least 2 weeks prior to departure, in accordance with <u>CDC guidelines</u>.
- Individuals traveling internationally with infants under 12 months old should ensure that their child receives an early dose of vaccine between 6 and 11 months, a second dose at 12 to 15 months, and a final dose at 4 to 6 years, in accordance with CDC guidelines.
- Individuals returning to the US after international travel should monitor their health for 3 weeks and contact their local health department or provider if symptoms such as high fever, cough, or rash develop.

To minimize the spread of measles and the potential for small to medium-sized outbreaks, CDC recommends:

- Provision of <u>post-exposure prophylaxis (PEP)</u> as needed to possibly provide protection or alter the progression of illness.
- Implementation of temporary, <u>accelerated vaccination schedules</u> at the discretion of the state and local health departments.

Risk Assessment

Measles Scenario-Based Human Health



 Routine documentation of measles immunity status among healthcare professionals to facilitate appropriate PEP or quarantine of individuals in the event of an occupational exposure



References

US Centers for Disease Control and Prevention. Measles Cases and Outbreaks. Updated November 22, 2024. Accessed November 22, 2024. https://www.cdc.gov/measles/data-research/index.html

Minnesota Department of Health. Measles update. Updated November 21, 2024. Accessed November 21, 2024. https://www.health.state.mn.us/diseases/measles/update.html

Solina, S. The measles wave hasn't seen a case in 2 weeks, and public health officials say that's partially due to community outreach. Updated October 18, 2024. Accessed October 25, 2024. https://www.kare11.com/article/news/health/measles-public-health-officials-community-outreach-somali/89-ae626fc4-d9b0-4b41-bd8d-aed597022925

Minneapolis Health Department. Measles. Updated October 24, 2024. Accessed October 25, 2024. https://www.minneapolismn.gov/government/departments/health/current-concerns/measles/

Minneapolis Health Department. Measles Disease Statistics. Updated November 19, 2024. Accessed November 24, 2024. https://www.health.state.mn.us/diseases/measles/stats.html

Minneapolis Health Department. Health Advisory: Metro Measles Outbreak and Vaccine Recommendations. Updated August 22, 2024. Accessed November 24, 2024. https://www.health.state.mn.us/diseases/measles/stats.html

US Centers for Disease Control and Prevention. Assessing Measles Outbreak Risk in the United States. Updated April 4, 2024. Accessed August 30, 2024. https://www.cdc.gov/ncird/whats-new/measles-outbreak-risk-in-us.html

US Centers for Disease Control and Prevention. Measles / Rubeola 2013 Case Definition. Updated April 16, 2021. Accessed August 30, 2024. https://ndc.services.cdc.gov/case-definitions/measles-2013/

US Centers for Disease Control and Prevention. Measles Vaccine Recommendations. Published July 15, 2024. Accessed August 26, 2024. https://www.cdc.gov/measles/hcp/vaccine-considerations/index.html

US Centers for Disease Control and Prevention. Measles Vaccine for Specific Groups. Published July 15, 2024. Accessed August 26, 2024. https://www.cdc.gov/measles/hcp/vaccine-considerations/specific-groups.html

US Centers for Disease Control and Prevention. Measles Plan for Travel. Published July 15, 2024. Accessed August 26, 2024. https://www.cdc.gov/measles/travel/



McLean HQ, Fiebelkorn AP, Temte JL, et al. Prevention of Measles, Rubella, Congenital Rubella Syndrome, and Mumps, 2013: Summary Recommendations of the Advisory Committee on Immunization Practices (ACIP). *MMWR Morb Mortal Wkly Rep.* 2013; 62(RR04):1-34.

https://www.cdc.gov/mmwr/preview/mmwrhtml/rr6204a1.htm