



Looking for More Clues



STUDY NO.

0	0	0	0	0
1	1	1	1	1
2	2	2	2	2
3	3	3	3	3
4	4	4	4	4
5	5	5	5	5
6	6	6	6	6
7	7	7	7	7
8	8	8	8	8
9	9	9	9	9

CLUE II

Please check the information above and correct any mistakes.

Is the birthdate indicated above correct?

No If no, please write correct date. / /
MONTH DAY YEAR

Yes, birth date is correct.

If this person is DECEASED, please provide the date of death: / /
MONTH DAY YEAR

INSTRUCTIONS



THIS FORM IS DESIGNED TO BE READ BY OPTICAL SCANNING EQUIPMENT, SO IT IS IMPORTANT THAT YOU FOLLOW THESE DIRECTIONS:

- 1 Use **NO. 2 PENCIL**.
- 2 Make no stray marks on the survey.
- 3 Fill the circle completely with a dark mark. Please mark this way: ●
- 4 Mark a circle for each question.
- 5 Erase completely to change a response.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL OUR OFFICE AT (301) 797-3589.

PLEASE COMPLETE THE SURVEY AND RETURN IT IN THE ENCLOSED POSTAGE-PAID ENVELOPE

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1 How long have you lived at your current address?

- Less than 1 year
- 1–2 years
- 3–5 years
- 6–9 years
- 10–14 years
- 15–19 years
- 20–24 years
- 25 or more years

2 How tall are you (without shoes)?
(Write in number, then fill in circles)

Feet	Inches	
<input type="text"/>	<input type="text"/>	<input type="text"/>
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
	8	
	9	

Note: It is important that you write in your height in addition to completing the corresponding circles. This allows us to confirm that the correct circles have been filled in.

3 How much do you weigh?
(Write in number, then fill in circles)

POUNDS

<input type="text"/>	<input type="text"/>	<input type="text"/>
0	0	0
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
	6	6
	7	7
	8	8
	9	9

Note: It is important that you write in your weight in addition to completing the corresponding circles. This allows us to confirm that the correct circles have been filled in.

4 How many grades (years) of school, including college and post-graduate education, have you completed?
(Write in grade, then fill in numbers)

GRADES

<input type="text"/>	<input type="text"/>
0	0
1	1
2	2
	3
	4
	5
	6
	7
	8
	9

Note: It is important that you write in the grades completed in addition to completing the corresponding circles. This allows us to confirm that the correct circles have been filled in.

HEALTH HISTORY

5 In general, would you say your health is:

- Excellent Very good Good Fair Poor

6 Compared to two years ago, how would you rate your health now?

- Better Same Worse

7 Compared to two years ago, does pain usually interfere with your normal work (including both work outside the home and housework)?

- Not at all A little bit Moderately Quite a bit Extremely

8 During the past year, how much of the time has your physical health interfered with your social activities (like visiting with friends, relatives, etc.)?

- None of the time A little of the time Some of the time
 Most of the time All of the time

9 During the past year, how much of the time has your emotional health/well-being interfered with your social activities?

- None of the time A little of the time Some of the time
 Most of the time All of the time

10 Do you have difficulty with any of the following?

Mark all that apply.

- | | | |
|--|---|--|
| <input type="radio"/> Walking | <input type="radio"/> Preparing meals | <input type="radio"/> Bathing |
| <input type="radio"/> Taking medications | <input type="radio"/> Dressing | <input type="radio"/> Managing your finances |
| <input type="radio"/> Eating | <input type="radio"/> Using the telephone | <input type="radio"/> Light housekeeping |
| <input type="radio"/> Vision | <input type="radio"/> Incontinence (poor bladder control) | <input type="radio"/> Short-term memory |

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IN THIS AREA



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11 Have you ever been told by a doctor or other health professional that you have any of the conditions listed below? (If you don't recognize the term below, you probably haven't been diagnosed with it.) Mark either no or yes for each item. If Yes, write in the age when you were first diagnosed.

	No	Yes	Age when first diagnosed (Please write in)
Heart or Blood Pressure			
Diabetes	<input type="radio"/>	<input type="radio"/>	_____
High blood pressure (excluding during pregnancy)	<input type="radio"/>	<input type="radio"/>	_____
High cholesterol	<input type="radio"/>	<input type="radio"/>	_____
High triglycerides	<input type="radio"/>	<input type="radio"/>	_____
Heart attack (myocardial infarction)	<input type="radio"/>	<input type="radio"/>	_____
Angina pectoris	<input type="radio"/>	<input type="radio"/>	_____
Stroke	<input type="radio"/>	<input type="radio"/>	_____
TIA (transient ischemic attack)	<input type="radio"/>	<input type="radio"/>	_____
Peripheral artery disease or claudication of legs (pain with walking or exercise) (not varicose veins)	<input type="radio"/>	<input type="radio"/>	_____
Arrhythmias	<input type="radio"/>	<input type="radio"/>	_____
Blood clots (deep vein thrombosis)	<input type="radio"/>	<input type="radio"/>	_____
Congestive heart failure	<input type="radio"/>	<input type="radio"/>	_____
Bones			
Herniated lumbar disk	<input type="radio"/>	<input type="radio"/>	_____
Osteoporosis	<input type="radio"/>	<input type="radio"/>	_____
Hip fracture	<input type="radio"/>	<input type="radio"/>	_____
Wrist or Colles' fracture	<input type="radio"/>	<input type="radio"/>	_____
Vertebral body fracture	<input type="radio"/>	<input type="radio"/>	_____
Thyroid			
Hyperthyroid/Graves disease	<input type="radio"/>	<input type="radio"/>	_____
Hypothyroid disease	<input type="radio"/>	<input type="radio"/>	_____
Other Thyroid disease	<input type="radio"/>	<input type="radio"/>	_____

	No ▼	Yes ▼	Age when first diagnosed (Please write in)
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Arthritis/Autoimmune Disease

Rheumatoid arthritis	<input type="radio"/>	<input type="radio"/>	_____
Osteoarthritis	<input type="radio"/>	<input type="radio"/>	_____
Systemic lupus	<input type="radio"/>	<input type="radio"/>	_____
Gout	<input type="radio"/>	<input type="radio"/>	_____

Gastrointestinal

Colon or rectal polyp (benign)	<input type="radio"/>	<input type="radio"/>	_____
Gallbladder disease/gallstones	<input type="radio"/>	<input type="radio"/>	_____
Gastric or duodenal ulcer	<input type="radio"/>	<input type="radio"/>	_____
Hiatal hernia	<input type="radio"/>	<input type="radio"/>	_____
Chronic indigestion	<input type="radio"/>	<input type="radio"/>	_____
Diverticulitis/diverticulosis	<input type="radio"/>	<input type="radio"/>	_____
Ulcerative colitis/Crohn's disease	<input type="radio"/>	<input type="radio"/>	_____
Barrett's esophagus	<input type="radio"/>	<input type="radio"/>	_____

Cancer

Bladder	<input type="radio"/>	<input type="radio"/>	_____
Breast	<input type="radio"/>	<input type="radio"/>	_____
Cervix	<input type="radio"/>	<input type="radio"/>	_____
Cervix in situ	<input type="radio"/>	<input type="radio"/>	_____
Colon or rectum	<input type="radio"/>	<input type="radio"/>	_____
Esophageal	<input type="radio"/>	<input type="radio"/>	_____
Kidney	<input type="radio"/>	<input type="radio"/>	_____
Leukemia	<input type="radio"/>	<input type="radio"/>	_____
Lung	<input type="radio"/>	<input type="radio"/>	_____
Lymphoma or Hodgkins	<input type="radio"/>	<input type="radio"/>	_____
Melanoma	<input type="radio"/>	<input type="radio"/>	_____



	No ▼	Yes ▼	Age when first diagnosed (Please write in)
Cancer (continued)			
Oral cavity	<input type="radio"/>	<input type="radio"/>	_____
Ovary	<input type="radio"/>	<input type="radio"/>	_____
Pancreas	<input type="radio"/>	<input type="radio"/>	_____
Prostate	<input type="radio"/>	<input type="radio"/>	_____
Skin-basal cell carcinoma	<input type="radio"/>	<input type="radio"/>	_____
Skin-squamous cell carcinoma	<input type="radio"/>	<input type="radio"/>	_____
Stomach	<input type="radio"/>	<input type="radio"/>	_____
Thyroid	<input type="radio"/>	<input type="radio"/>	_____
Uterus or endometrium	<input type="radio"/>	<input type="radio"/>	_____
Other (please specify): _____	<input type="radio"/>	<input type="radio"/>	_____
Kidney/Bladder			
End stage renal disease	<input type="radio"/>	<input type="radio"/>	_____
Kidney stones	<input type="radio"/>	<input type="radio"/>	_____
Lung			
Asthma	<input type="radio"/>	<input type="radio"/>	_____
Emphysema or chronic bronchitis	<input type="radio"/>	<input type="radio"/>	_____
Neurologic Conditions			
Migraine headaches	<input type="radio"/>	<input type="radio"/>	_____
Multiple Sclerosis	<input type="radio"/>	<input type="radio"/>	_____
Parkinson's disease	<input type="radio"/>	<input type="radio"/>	_____
ALS - Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)	<input type="radio"/>	<input type="radio"/>	_____
Dementia	<input type="radio"/>	<input type="radio"/>	_____
Teeth			
Periodontal disease (gum disease)	<input type="radio"/>	<input type="radio"/>	_____
Tooth loss	<input type="radio"/>	<input type="radio"/>	_____



	No	Yes	Age when first diagnosed (Please write in)
Eyes			
Macular degeneration of the retina	<input type="radio"/>	<input type="radio"/>	_____
Cataract	<input type="radio"/>	<input type="radio"/>	_____
Glaucoma	<input type="radio"/>	<input type="radio"/>	_____

Breast/Gynecologic Conditions

Fibrocystic disease of the breast or other benign breast disease	<input type="radio"/>	<input type="radio"/>	_____
Endometriosis	<input type="radio"/>	<input type="radio"/>	_____
Uterine fibroids	<input type="radio"/>	<input type="radio"/>	_____
Infertility	<input type="radio"/>	<input type="radio"/>	_____

Prostate

Enlarged prostate (Benign prostatic hyperplasia)	<input type="radio"/>	<input type="radio"/>	_____
Male Infertility	<input type="radio"/>	<input type="radio"/>	_____

Other Major Medical Condition

Other (specify condition) _____	<input type="radio"/>	<input type="radio"/>	_____
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	No	Yes	Age at surgery (Please write in)
Surgical Procedures			
Cardiac catheterization (angiogram)	<input type="radio"/>	<input type="radio"/>	_____
Coronary angioplasty or bypass	<input type="radio"/>	<input type="radio"/>	_____
Carotid or cerebral angiogram	<input type="radio"/>	<input type="radio"/>	_____
Carotid surgery – endarterectomy	<input type="radio"/>	<input type="radio"/>	_____

12 Please list medications including aspirin, vitamins, supplements that you take on a regular basis.

THANK YOU

**PLEASE CHECK TO MAKE SURE YOU HAVE
NOT ACCIDENTALLY SKIPPED ANY PAGES.**

➔ PLEASE RETURN THE BOOKLET IN THE POSTAGE-PAID ENVELOPE ➔

**Johns Hopkins Research Center
P.O. Box 2067
Hagerstown, MD 21742-2067**

Mark Reflex® forms by NCS Pearson EM-249353-2:654321 ED06 Printed in U.S.A.

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