Hello, accepted students, and welcome to BSPH! We are so glad you are here. Below you will find information on what to include in your outreach to alumni as well as a draft outreach email. Please email Elizabeth Rigsbee, [erigsbee@jhu.edu](mailto:erigsbee@jhu.edu), with any questions about these recommendations.

Important things to include in your outreach:

* **Your name and intended degree**
* Your previous professional or academic experience or why you are interested in a degree from BSPH
* How you found the alum’s contact information and your goals for the outreach (why are you sending this alum an email?)
* Thank you to the alum and request to stay in touch

**Please note, you are welcome to reach out to people on LinkedIn, but alumni are much more likely to respond to email outreach.**

Example outreach:

Dear xx,

I hope you are doing well! My name is Elizabeth and I am an accepted student in the MHS program in Environmental Health and Engineering. I am a former teacher now interested in food systems and am excited about the prospect of studying at BSPH and hopefully engaging with content experts. I found your information in the alumni admissions directory and would like to talk with you about your experience in the MHS program, specifically what you found to be valuable and what you are doing now. I am happy to schedule a phone call or a zoom meeting at your convenience. I look forward to hearing from you!

Best,

Your Name  
Your intended degree

You are welcome to send a follow-up email to alumni if you don’t hear back. I typically wait 5-7 business days and send a message like:  
  
Hi xx,

I hope you’ve been well! I’m resending this email in case the original fell to the bottom of your inbox. I would like to talk with you about your experience in the MHS program if you are able to set up a 30-minute meeting with me.

Thanks again,

Elizabeth

*If you have questions about contacting alumni, please email Elizabeth Rigsbee,* [*erigbee@jhu.edu*](mailto:erigbee@jhu.edu)*.*