Mental Health in the Workplace Summit
Fall 2022

Agenda:

DAY ONE 10/6/22:

8:00 am - 8:30 am: Sign in

8:30 am - 8:40 am: Welcoming Remarks

8:40 am - 9:25 am: Keynote Address Speaker: Georgia Michlig

9:25 am - 9:30 am Break/Q&A (5 min)

9:30 am - 10:15 am: Interactive Session #1

10:15 am – 10:25 am Break (10 min)

10:25 am - 11:40 am: Lecture Session #1

- Speakers: Ron Goetzel, Taylor Adams, Lee Daugherty-Biddison

11:40 am - 1 pm Lunch (1 hr 20 min)

1:00 pm – 1:45 pm Interactive Session #2

1:45 pm - 1:55 pm Break (10 min)

1:55 am - 3:10 am Lecture Session #2

- Speakers: Paul DeChant, Michelle Eakin, Carolyn Cumpsty-Fowler

3:10 pm – 3:20 pm Break (10 min)

3:20 pm - 4:45 pm Interactive/report-out Session #3

4:45 pm Closing remarks

5:00 pm Adjourn
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DAY TWO 10/7/22:

8:30 am- 8:45 am Sign in

8:45 am – 9:25 am: Recap of activities/Discussion

9:25 am – 9:30 am Break (5 min)

9:30 am- 10:45 am Lecture Session #3

  - **Speakers: Rich Safeer, David Ballard, Enid Roemer**

10:45 am – 10:55 am Break (10 min)

10:55 -11:40 am - Interactive activity

11:40 am - 1 pm—Lunch (1hr 20min)

1:00 pm – 1:40 pm: Closing Keynote Address: *Marie Holowaychuk*

1:40 pm - 2:00 pm Q&A and Closing Remarks

2 pm Adjourn Summit